

# Planning for Success

**Directions:** Choose a specific, respectful behavior that you want to use from the lists of ideas. This behavior is your goal.

My name: \_\_\_\_\_

The respectful behavior I will use is: \_\_\_\_\_

\_\_\_\_\_

This is how my behavior will look and sound: \_\_\_\_\_

My tone of voice will be: \_\_\_\_\_

My face will look: \_\_\_\_\_

Some words I can use are: \_\_\_\_\_

Some things I can do are: \_\_\_\_\_

This is when and where I can use my respectful behavior (describe when and where in detail; for example, at lunchtime when I am sitting with my friends, at recess when I am playing basketball. Try to list at least four different ideas):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

## My Record of Success

**Directions:** Keep track of your successes. Check one blank each time you use your behavior.

\_\_\_\_\_

