



Take Social-Emotional Learning with You This Summer

Dear Family,

Here's a fun challenge to enjoy this summer. Your family works hard during the school year to master Second Step social-emotional skills. Don't let that social-emotional learning (SEL) disappear when your summer fun starts. Take it with you on your [SEL Passport Challenge](#).

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Your family likes to explore, right? When you travel the world, you need a passport to visit different places. This passport is a little different. It helps your child explore their inner world while practicing their Second Step skills in real-life situations.

Start the challenge with this easy-to-make SEL Passport, a handy reminder of how to use kind, respectful, prosocial behavior during your summer break ... or any time.

Begin the journey as an explorer today by simply downloading and printing a copy of your [SEL Passport](#), then guide your child as they work through the list of instructions below.



SEL Passport Instructions

How to Make Your SEL Passport:

1. Photocopy these two pages front to back, onto one double-sided sheet of paper
2. Fold in half vertically along the solid line
3. Cut into three strips along the dotted lines
4. Arrange pages in sequential order based on the number in the top right corner (cover page opens to page 1, which opens to pages 2 and 3, etc., and these instructions should be on the back page)
5. (optional) Staple along the fold for a little extra stability—color for a little extra flair!

How to Fill Your SEL Passport:

1. For each social-emotional skill listed, practice using that skill in a real-life situation (for example: at the park, working on chores, in the car, on vacation, etc.)
2. Write a brief summary of the situation, describing the outcomes you observed (you could also draw a picture of what happened, if you prefer)
3. When done, ask your teacher or parent for a stamp to add to that skill
4. After filling your booklet with stamps, congratulate yourself for working to become a kinder, more capable person—yay for you!

[Download the PDF and Start Your SEL Passport Challenge Today](#)

If you have any questions, please ask your Second Step teacher for guidance. What are Second Step skills? Visit [SecondStep.org](#) to learn more.